

**TELANGANA STATE BOARD OF INTERMEDIATE EDUCATION
VIDYA BHAVAN :: NAMPALLY :: HYDERABAD - 001**



To

The Principals of all the Junior Colleges through DIEOs,
Telangana State.

Sub: TSBIE – ERTW - Services of Psychologists/ Psychiatrists through Tele
Mental Health Assistance and Networking Across the States (Tele-MANAS)
to the Intermediate Students – Reg.

Ref: Letter file No.13108/NTMHP/NCD/2022/ Dated: February 2023 received
from the Commissioner of Health & Family Welfare

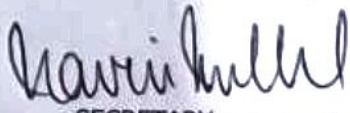
The Principals of all Junior Colleges in Telangana state are informed that the students who are pursuing their Intermediate Education can access the services of Psychologists/ Psychiatrists through Tele Mental Health Assistance and Networking Across the States (Tele-MANAS), offered by Health & Family Welfare, Govt.of Telangana for the entire year, especially during the Annual and Advance Supplementary Examinations and the period following the announcements of the results.

The students who are facing the examination fear or stress or any other stress that they might undergo during their Intermediate study can access the services of psychologists and psychiatrists for counseling & guidance and for their psychological problems, free of cost, through Tele-MANAS. The Toll Free Number that one can call is **14416**. The Tele- Manas service provides tele-counseling and Psycho-social support, round the clock.

It is also inform that, District Mental Health Clinics are set up in the Government Hospitals in each district to provide Personal psychiatrist consultation, free of cost.

Hence, you are instructed to give wide publicity to utilise the services through the toll free number 14416. The Toll free number must be displaced in the notice Board and also to be intimated to the Students. The Principals and the student counsellors are requested to educate about the Programme and to inform the stake holders to utilize services of Tele-Manas. They are also requested to educate the students to utilize the services to address their mental health issues.

The DIEOs and Principals are requested to give wide publicity about the services of Tele-Manas and its Toll Free Number (14416), through local news papers.


SECRETARY
2/13/23

Copy to

The DIEOs with a request to inform the Principals of all the junior colleges in
Telangana State.